

SABBATH



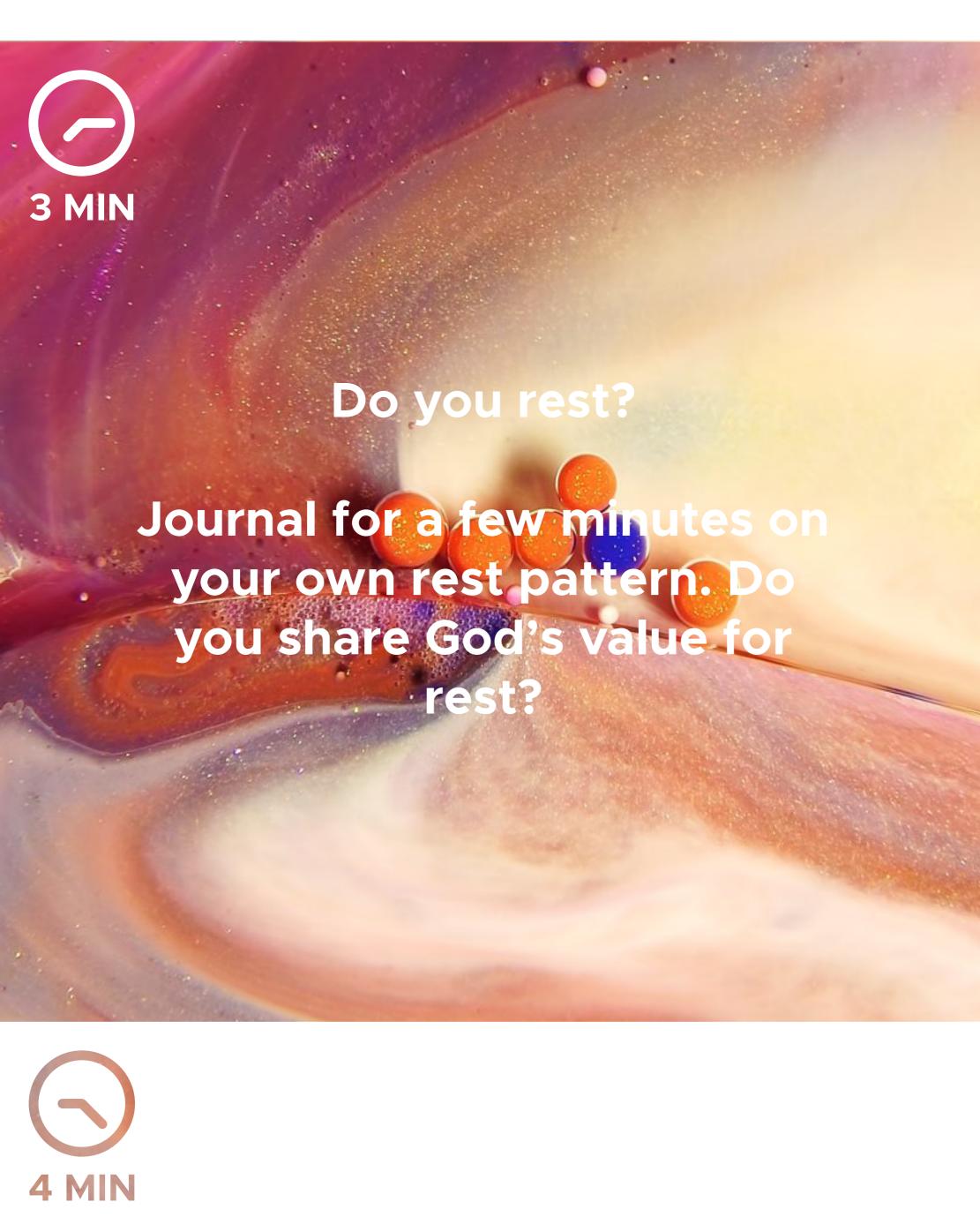


God rested.

Read Genesis 2:1-3.

Sit with the reality that God

rested. Ask yourself why.





Notice the connection between rest and obeying

God. What is it about rest

Obedience.

Read Hebrews 4:9-11.

that helps you to obey God? Is your life marked by obedience to God?

